

Toddler & Preschool Snack - October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 AM Cheerios w/Milk OJ <hr/> PM Nutigrain Bars Cranberry Juice	2 AM Cottage Cheese w/Pineapple OJ <hr/> PM Fig Newtons Apple Juice	3 AM Hard Boiled Eggs OJ <hr/> PM Goldfish Grape Juice	4 AM Bananas OJ <hr/> PM Cheese & Crackers Cranberry Juice	5 AM English Muffins w/Grape Jelly OJ <hr/> PM Mandarin Oranges Apple Juice
8 AM Granola Bars OJ <hr/> PM Animal Crackers Grape Juice	9 AM Yogurt w/Peaches OJ <hr/> PM Trail Mix Apple Juice	10 AM Corn Flakes w/Milk OJ <hr/> PM Cheese Sticks Cranberry Juice	11 AM Breakfast Rounds OJ <hr/> PM Mixed Fruit Apple Juice	12 AM Blueberry Muffins OJ <hr/> PM Apples/Applesauce Grape Juice
15 AM Rice Krispies w/Milk OJ <hr/> PM Veggie Sticks Cranberry Juice	16 AM Bananas OJ <hr/> PM Cheese It's Grape Juice	17 AM Whole Grain French Toast Sticks OJ <hr/> PM Mandarin Oranges Apple Juice	18 AM Egg & Cheese Omelet OJ <hr/> PM Hummus w/Pita Chips Cranberry Juice	19 AM Diced Mangos OJ <hr/> PM Graham Crackers Grape Juice
22 AM Cinnamon Toast Crunch w/Milk OJ <hr/> PM Vanilla Wafers Apple Juice	23 AM Granola Bars OJ <hr/> PM Melons Cranberry Juice	24 AM Cottage Cheese w/Pineapple OJ <hr/> PM Apples/Applesauce Grape Juice	25 AM Rice Cakes OJ <hr/> PM Teddy Grahams Apple Juice	26 AM Pancakes OJ <hr/> PM Nutigrain Bars Cranberry Juice
29 AM Belvita Biscuits OJ <hr/> PM Goldfish Grape Juice	30 AM Hard Boiled Eggs OJ <hr/> PM Animal Crackers Apple Juice	31 AM Crispix w/Milk OJ <hr/> PM Trail Mix Cranberry Juice		

note: fresh fruit and veggies are subject to occasional change based on availability